

ID:

Entry no:

# JURASSIC COAST 10K RUN

Saturday 27<sup>th</sup> July 2019 @ 11:00AM

Race start: Budleigh Salterton

Held under UKA Rules: UKA licence applied

## 2019 10k Entry Form

Name:

Home Address:

DoB:

Gender:

Age on Race Day:

Post code:

Affiliated club:

Contact No:

UKA Registration No:

Email:

Best time for distance:

Years entered JC10k (please circle):

How did you hear of this run?

05 | 06 | 07 | 09 | 10 | 12 | 13 | 15 | 16 | 17

**The Jurassic Coast 10k is run entirely by volunteers and all money raised after costs goes to the FORCE Cancer Charity in Exeter.**

Please continue over the page to complete the application .../

 **JURASSICCOAST10K.CO.UK**



Please complete ↓

ENTRY FEE	£ <input type="text"/>	ENTRY FEE <b>Early Bird</b> £15-00   Discounted Entry fee for UKA Licensed Competitors £13-00 (number must be entered on first page) After 7 <sup>th</sup> March prices will be £17/£15
DONATION	<input type="text"/>	<b>SUGGESTED DONATION</b> £10-00 All money raised goes to FORCE, Cancer Charity, Exeter. If you would like to donate please indicate in the box your amount and add to the total to pay.
GIFT AID	<input type="checkbox"/>	If you want your <b>DONATION</b> to be treated by the FORCE Cancer Charity as a Gift Aid donation please tick the box to the left. It won't cost you anything extra and means that FORCE Cancer Charity will get more money <small>If I have ticked the box headed &lt;Gift Aid&gt; I confirm that I am a UK Income and/or Capital Gains taxpayer. I have read this statement and want FORCE Cancer Charity to reclaim tax on the donation detailed, given on the date shown. I understand that I must pay an amount of Income Tax and/or Capital Gains Tax in the tax year at least equal to the amount of tax that all the charities and CASCs I donate to, will reclaim on my gifts for that tax year. I understand that other taxes such as VAT and Council Tax do not qualify. I understand the charity will reclaim 25p of tax on every £1 that I have given. If you pay tax at the higher or additional rate and want to receive additional tax relief due to you, you must include all your gift aid donations on your Self-Assessment tax return or ask HMRC to adjust your tax code</small>
TOTAL ENCLOSED	<input type="text"/>	<b>PLEASE COMPLETE</b>   For example £15-00 entry fee + £10 Donation = 25-00
PAYMENT METHOD		<b>CHEQUE</b>   Send enclosed cheque made out to 'Jurassic Coast 10k'
		<b>BACS</b>   Account number 31625330. Sort Code: 40 02 16.

SEND YOUR ENTRY TO: HoneyHouse, 13 Monmouth Ave., Topsham, Exeter, EX3 0AF

**COLLECT YOUR RACE NUMBER ON THE DAY FROM RACE HQ**

CLOSING DATE FOR RECEIPT OF POSTAL APPLICATIONS: 19<sup>th</sup> July 2019

If you have a medical condition that you wish to advise the race organisers of, tick here [ ] and list overleaf or on a separate sheet.

There are no running tees to collect this year, so come in what you want, and if you have one, wear an old JC10K tee! There will be a uniquely designed 2019 tee available to order – Details on the website.

**DECLARATION:** A signed entry form will be considered as an acceptance of governing body rules and a declaration that you will compete on foot and run entirely at your own risk. N.B. No accompanying dogs or following cycles allowed. Competitors must be 15 or over on Race Day.

SIGNED:

DATED:

PRINTED:

(Parent/Guardian signature if under 16)